

# BURTONS

## GLUTEN FREE

### {COCKTAILS}

**BLUEBERRY HIBISCUS SQUEEZE GS**  
blueberry infused tito's handmade vodka, house made blueberry hibiscus lemonade... 11

**CLASSIC RED SANGRIA GS**  
bacardi dragonberry, cointreau, red wine, fresh orange and lime... 12

**RED BERRY COSMOPOLITAN GS**  
raspberry infused tito's handmade vodka, cointreau, lime and cranberry... 12

**AMERICAN MULE GS**  
tito's handmade vodka, muddled lime, ginger beer... 11

**MARGARITA PURA GS**  
cazadores reposado tequila, cointreau, agave nectar, lime and orange, agave-lime salt rim... 12

### {BEERS & CIDERS}

**ANGRY ORCHARD HARD CIDER GS**  
ABV 5.0%...6.00

We celebrate and support local craft beers and ciders. We have a continuously rotating selection including gluten sensitive. Please ask your server for current offerings.

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At Burtons Grill & Bar, we have a defined protocol to handle your needs from the moment you inform us of your allergy. We have provided extensive training to our staff and taken the necessary precautions to create an allergy-friendly experience for each guest.

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### {APPETIZERS}

**GENERAL TSO CAULIFLOWER**  
thai chili sauce, ginger aioli... 13.95

**SIGNATURE WINGS**  
memphis dry rub or maple sriracha sauce, aged blue cheese dressing  
13.95

**STUFFED GRILLED ZUCCHINI**  
herbed cheese, zesty tomato sauce, parmesan... 12.95

**BUFFALO CHICKEN DIP**  
grilled chicken, blue cheese, cheddar, corn tortilla chips  
12.95

**POINT JUDITH CALAMARI**  
cherry peppers, tartar sauce  
15.95

**SAUTÉED SHRIMP**  
feta, spinach, tomatoes, gluten-free toasted bun  
13.95

### {SOUPS & SALADS}

**SOUP OF THE DAY**  
seasonal selection...mkt

**CAESAR**  
romaine, parmesan  
6.95/11.95  
white anchovies on request

**MEDITERRANEAN**  
iceberg, romaine, cucumbers, grape tomatoes, peppers, red onions, feta, mixed olives, oregano vinaigrette... 11.95

**SUPERFOOD**  
quinoa, baby spinach, golden raisins, feta, grape tomatoes, julienne vegetables, lemon vinaigrette  
13.95

**HOUSE**  
iceberg, romaine, cucumbers, grape tomatoes, peppers, blue cheese, applewood smoked bacon, mustard vinaigrette... 6.95/11.95

**CHOPPED BLUE CHEESE**  
iceberg, grape tomatoes, applewood smoked bacon, red onions, blue cheese crumbles, everything seasoning, aged blue cheese dressing... 10.95

**BBQ CHICKEN**  
romaine, corn, red onions, black beans, grape tomatoes, applewood smoked bacon, cheddar, tortilla chips, BBQ ranch... 17.95

**CHICKEN 6, SHRIMP 8, SALMON\* 10**  
**CRAB CAKE 8, STEAK\* 10**

### {ZERO PROOF}

**CLASSIC SODA GS**  
coca-cola, diet coke, sprite, ginger ale, barq's root beer, fanta orange... 3.50

**ODWALLA LEMONADE GS**  
classic, half & half... 3.50

**FRESH BREWED ICED TEA GS**  
unsweetened, sweet, mango... 3.50

**SARATOGA SPRING WATER GS**  
still or sparkling 12oz/28oz... 3.50/6

**FRESH BREWED COFFEE GS**  
rainforest alliance 100% columbian... 3.50  
rainforest alliance select decaf... 3.50  
cold brew... 3.95

**HERBAL TEAS GS**  
assorted revolution herbal teas... 3.50

## {FROM THE GRILL}

Our steaks are hand cut by Allen Brothers in Chicago. They select the finest from midwestern farms and age them to Burtons specifications. Seasoned to perfection and topped with roasted bone marrow butter.

All steaks are served with our twice baked potato.

### RIBEYE\*

14 oz 36.95

### FILET\*

6/9 oz 29.95/36.95

### NY STRIP\*

12 oz 35.95

### SALMON\*

gulf of maine salmon, grilled or bronzed, herbed jasmine rice, haricot verts, lemon butter...26.95

### MARKET CATCH\*

grilled or bronzed, herbed jasmine rice, haricot verts, lemon butter...mkt\$

## {SANDWICHES}

All sandwiches are served on a gluten-free bun. Sandwiches served with fresh cut french fries. Substitute rosemary parmesan french fries or sweet potato fries...0.95

### CLASSIC BURGER\*

charbroiled angus beef, choice of cheese, toasted bun...14.95  
add cremini mushrooms, caramelized red onions, applewood smoked bacon 1.95 | .95 ea

### MAXX BURGER\*

charbroiled angus beef, american cheese, shredded lettuce, tomato, house made pickles, burtons special sauce, onion strings, toasted bun...15.95

### CALIFORNIA CHICKEN

bronzed chicken, black forest ham, pepperjack cheese, chipotle mayo, guacamole, toasted bun...14.95

### FISH SANDWICH

fried haddock, pickled onions, house made pickles, sriracha, tartar sauce, toasted bun...15.95

### STREET TACOS\*

fried fish, guacamole, pickled cabbage & onion, baja sauce, tomato-jalapeño relish with roasted corn, zucchini & black bean salad...16.95...16.95  
substitute rice for tortillas

## {ENTRÉES}

### MEDITERRANEAN CHICKEN RISOTTO

pan seared chicken, artichoke hearts, grape tomatoes, spinach, basil, feta, lemon butter sauce, pesto...16.95/22.95

### CHESHIRE PORK\* CHOP

mashed potato, haricot verts, wild mushroom brandy sauce 26.95

### FRESH CATCH\* RISOTTO

bronzed fish, peas, corn, lemon butter sauce...mkt\$

### PASTA CARBONARA

gluten-free pasta, applewood smoked bacon, peas, artichokes, alfredo sauce...18.95

shrimp...22.95, steak\*...25.95, chicken...20.95

### CRAB CRUSTED HADDOCK

icelandic haddock, super lump blue crab stuffing, herbed jasmine rice, haricot verts, lemon butter sauce 24.95

### ROASTED HALF CHICKEN

dry rub, mashed potato, sweet corn relish, black pepper & thyme au jus 21.95

### CRAB CAKES

dill & country mustard aioli, fresh cut french fries, cole slaw 26.95

### SALMON\* ROMESCO

gulf of maine bronzed salmon, romesco sauce, herbed jasmine rice, haricot verts, citrus fennel slaw...22.95

## {LIFESTYLE}

### PALEO SALMON\*

bronzed gulf of maine salmon, charred tomato salsa, julienne vegetables, romesco sauce...22.95

### KNIFE AND FORK BURGER\*

charbroiled angus beef, sautéed mushrooms, charred tomato salsa, guacamole, romaine lettuce, sweet potato salad...16.95

### PALEO NY STRIP\*

caramelized onions and wild mushrooms, grape tomatoes, broccoli...36.95

### WILD MUSHROOM RISOTTO

peas, goat cheese, lemon butter sauce, lemon zest 20.95

### ROASTED VEGETABLE QUINOA BOWL

roasted cauliflower, broccoli & sweet potato, julienne vegetables, quinoa, lemon feta dressing, pepitas, golden raisins...16.95

### ORECCHIETTE PASTA

gluten-free pasta, baked stuffed zucchini over sautéed wild mushrooms, fresh tomatoes, peas, tomato cream sauce, herbed parmesan crumbs...17.95

### BLACK BEAN TOSTADA

crispy tortillas, black bean patty, pickled cabbage slaw, cheddar, chipotle mayo, guacamole, grilled corn, tomato-jalapeño relish, baja sauce, fresh cilantro...14.95

## {SIDES}

\$6

twice baked potato  
roasted corn & zucchini salad  
roasted sweet potato salad  
fresh cut french fries  
parmesan rosemary fries

sweet potato fries  
red bliss mashed potatoes  
sautéed wild mushrooms & onions  
broccoli with lemon butter  
spinach & parmesan risotto

It Pays to  
**{B} LOYAL**

**WE HONOR AND APPRECIATE  
OUR GUEST'S LOYALTY**  
Ask your server how to sign up today!

Before Placing Your Order, Please Inform Your Server If A Person In Your Party Has A Food Allergy.

\*These Menu Items May Be Served Raw or Under Cooked. Consuming Raw Or Under Cooked Meat, Shellfish, Eggs or Poultry May Result In Food-Borne Illness, Especially If You Have Certain Medical Conditions. Not All Ingredients Listed On Menu.