
PALEO

no sugar, no dairy, no gluten

SPINACH SALAD

spinach, red and yellow bell peppers, english cucumbers,
red onion, grape tomatoes, oregano vinaigrette...10.95

PAN SEARED SALMON*

bronzed gulf of maine salmon, charred tomato salsa,
julienne vegetables, romesco sauce...17.95/25.95
substitute shrimp...16.95/23.95

MLT BURGER*

hand packed certified angus beef, sautéed mushrooms,
tomato, iceberg lettuce "bun", broccoli...15.95
add avocado...1.95

GRILLED SIRLOIN STEAK*

certified angus beef, caramelized wild mushrooms
and onions, marinated tomatoes, broccoli...27.95
substitute chicken...22.95